



ADVANCED THAI REFLEXOLOGY

In one day, take your Thai foot reflexology hands-on skills to an even greater level of understanding and effectiveness.

In the first half of this class, you will learn the names and locations of the major sen lines worked in a traditional Thai reflexology session, as well as health issues and areas of the body affected by contact to these energy channels.

During the second half of the class, the instructor will review all basic techniques in a full session demo and introduce new ones you can add to your current session. Attention will be given to accurate contact with the sen lines. You will also have the opportunity to fine-tune the delivery of your session with corrective feedback from the instructor as you give a full Thai foot reflexology session to a classmate.

Please bring your Thai stick and original manual, pure shea butter, oil (for knee portion), a massage table, set of coloring pencils, one regular-sized towel, two hand towels, bottom sheet, a simple tub/bowl to soak your feet and a pillow. Wear clothing that allows full access to your lower legs and knees.

NOTE: *This training is open only to those who have completed the initial two-day training in Thai foot reflexology.*

(approved by the Reflexology Association of Canada for 5 credits for the RCRT CEU Program)